

PIZZA SHIELDS

Category: Food

Section: All

Time: 10-20 mins (allow more time for bigger group)

Location: Kitchen or just table

Equipment: oven, baking sheets, oven gloves, knives

Shopping list: rolls (or ingredients / packets of mix to make bases), tomato purée, shredded mozzarella, a selection of toppings (spring onion, anchovies, pepperoni, olives, cherry tomatoes, pepper, sweetcorn)

Decorate a pizza to look like a viking shield.

Badge References

Beavers

~ Cook - 4. Choose three dishes to prepare and cook ...

There are no Cubs or Scouts Activity, Challenge or Staged badge requirements covered in this activity.

The instruction sheet below uses half bread rolls as the pizza base however if you have the time you could use pre made pizza dough or make your own.

PIZZA SHIELDS - INSTRUCTIONS



1. You will need 1 roll between 2.



2. Cut the roll in half.



3. Spread a thin layer of tomato purée on top of the cut side.



4. Sprinkle a layer of grated cheese on top.



5. Use toppings to decorate your pizza like a Viking Shield. What will you choose?



6. Bake at 180* for about 10 minutes. Be careful - it will be hot.

FRUIT LONGBOATS

Category: Food

Section: All

Time: 15 mins

Location: Somewhere easy to clean

Equipment: Knives, chopping boards, no oven needed

Shopping list: melon, (a selection from strawberries, kiwi fruit, bananas), cocktail sticks.

Decorate a melon slice with fruit to look like a viking longboat.

Badge References

Beavers

- ~ Cook - 4. Choose three dishes to prepare and cook...
- ~ Health and Fitness - 2. Learn about a variety of healthy foods and make a snack for yourself using some of these foods.

There are no Cubs or Scouts Activity, Challenge or Staged badge requirements covered in this activity.

For the body of the boat use a slice of melon. To add shields, stick a cocktail stick through the body of the boat so it sticks out either side, and put a disk of fruit on the end. For a sail and mast use a square piece of paper and a kebab stick.

CUPCAKE BROOCHES

Category: Food

Section: Beavers, Cubs, (Scouts if making own cupcakes)

Time: 10 mins

Location: Somewhere easy to clean

Equipment: None (oven if making own cupcakes)

Shopping list: plain cupcakes (or ingredients / packet mixes if you are making your own), a selection of decorations (jelly tots, strawberry laces, glacé cherries, writing icing, etc.)

Decorate cupcakes to look like Viking brooches.

Badge References

Beavers

- ~ Cook - 4. Choose three dishes to prepare and cook... (if you bake the cupcakes)
- ~ Skills Challenge - 5. Learn and use at least three of these skills: ... decorate some cakes or biscuits ...

Cubs

- ~ Skills Challenge - 4. Learn and use at least four of these skills: ... make cakes, bread, biscuits or something similar ... (if you make your own cupcakes)

Scouts

- ~ Creative Challenge - 1. Over a period of time, take part in at least four creative activities ... cooking ... (if you make your own cupcakes)

There are no Staged badge requirements covered in this activity.

Vikings wore ornate brooches on their tunics and cloaks. Decorate a cupcake to look like a viking brooch.

For older sections, if you have a shop nearby you could give each group a budget for decorations and let them decide.

GINGERBREAD VIKINGS

Category: Food

Section: Beavers, Cubs, (Scouts if making own gingerbread)

Time: 10 mins

Location: Somewhere easy to clean

Equipment: None (oven if making own gingerbread)

Shopping list: Gingerbread men biscuits (or ingredients if you are making your own), writing icing, fondant icing

Decorate a gingerbread figure to look like a viking.

Badge References

Beavers

- ~ Cook - 4. Choose three dishes to prepare and cook... (if you bake the gingerbread)
- ~ Skills Challenge - 5. Learn and use at least three of these skills: ... decorate some cakes or biscuits ...

Cubs

- ~ Skills Challenge - 4. Learn and use at least four of these skills: ... make cakes, bread, biscuits or something similar ... (if you make your own gingerbread)

Scouts

- ~ Creative Challenge - 1. Over a period of time, take part in at least four creative activities ... cooking ... (if you make your own gingerbread)

There are no Staged badge requirements covered in this activity.

Either using pre-made gingerbread men or making own, decorate them to look like traditional Vikings or Norse Gods. I recommend using writing or fondant icing..

This web page from the Australian National Maritime Museum, has a recipe and templates for Vikings and longships.

<https://anmm.wordpress.com/2013/12/20/viking-gingerbread/>