

Holmes Sub Camp Suggested Kit List

All young people will need to bring their own personal equipment and should be encouraged to pack themselves. This list is only a guide however please look carefully at any specific kit needed for the various Activity Days as part of the Red Rose Programme.

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|---|---|
| <input type="checkbox"/> Complete uniform | <input type="checkbox"/> Scarf, hat and gloves |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts | <input type="checkbox"/> Sun hat, sun cream and sun glasses |
| <input type="checkbox"/> T-shirts or similar | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Trousers or shorts | <input type="checkbox"/> Foam roll / karrimat |
| <input type="checkbox"/> Spare underclothes (one pair per day) | <input type="checkbox"/> Plate, bowl, mug and cutlery |
| <input type="checkbox"/> Spare socks (one pair per day) | <input type="checkbox"/> Tea towel |
| <input type="checkbox"/> Nightwear | <input type="checkbox"/> Torch and spare batteries |
| <input type="checkbox"/> Hike boots/shoes | <input type="checkbox"/> Personal first aid kit |
| <input type="checkbox"/> Waterproof (coat and trousers) | <input type="checkbox"/> Day sack (to carry items when off site – no string straps) |
| <input type="checkbox"/> Swimwear and towel | <input type="checkbox"/> Polythene bags (for dirty clothes) |
| <input type="checkbox"/> Hankies | <input type="checkbox"/> Plastic Drinks bottle |
| <input type="checkbox"/> Personal washing requirements and towel | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Water shoes/old pumps/trainers for water based activities | |
| <input type="checkbox"/> Old clothes for any wet/muddy activities (that might not make it back home!) | |

(Fancy Dress is optional for participants for any of the Red Rose Camp Entertainment Nights – we hope you will join in with the spirit of it all.)

Sunday evening
Monday evening

Scarefest
Festival night

All things Halloween
Hippy, flower power, think Glastonbury ☺

Tuesday evening (Subcamp)

Bollywood Night

Bollywood inspired dress/colours

Wednesday evening
Thursday evening
Friday evening

Carnival night
Silent disco / karaoke
Closing ceremony

Colourful carnival dress,
Disco divas and rock gods
Uniform



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Challenge Activity Day: Suitable clothing for the weather that is activity appropriate, **NO OPEN TOE SHOES.**

Fun Activity Day: Suitable clothing for the weather that is activity appropriate. **SOCKS TO BE WORN FOR BOUNCY CASTLE.**

Splash Activity Day: Waterproofs, Towel, Old clothes, Old Trainers to get wet or water shoes, a complete set of dry clothes. **NO WELLIES OR WALKING BOOTS.**

Adventure Activity Day:

Great Tower Activity Day: Walking Day: Suitable clothing for the weather that is activity appropriate, walking boots, waterproofs. **NO JEANS.**

Caving Day: Old clothes, wellingtons (essential) complete dry set of clothes, underwear, footwear and towel. **NO JEANS.**

Mountain Biking Day: Suitable clothing for the weather that is activity appropriate, waterproofs. **NO JEANS.**

Climbing Day: Suitable clothing for the weather that is activity appropriate, sensible footwear, waterproofs (including trousers), spare fleece or jumper. **NO JEANS.**

Via Ferrata and Ghyll Scrambling Day: Suitable clothing for the weather that is activity appropriate, walking boots, waterproofs, complete set of dry clothes, underwear, footwear and towel. **NO JEANS.**

Dry Slope Skiing: Suitable clothing for the weather that is activity appropriate, waterproofs, thick socks, towel, complete set of dry clothes. **NO JEANS.**

A Rucksack with two straps (not string) is needed for all days off site to carry personal belongings.

Holmes Sub Camp – Additional Items:

- Asian inspired accessories for International Day to wear as part of the Parade. – think oriental colours
- PE Kit/ Old shorts and T-Shirt for our Messy Olympics Night - a very messy one!
- Bollywood Theme Dress for our Bollywood Spectacular night – think bright colours/glam!