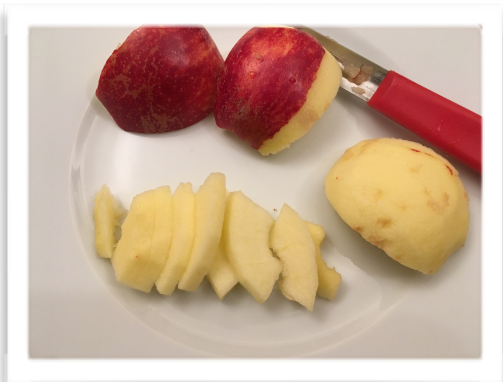


Make Apple Crumble

1. You start with an apple.



2. Take out the core, cut it into quarters and peel them.



3. Cut each quarter into thin slices and put them in a cup.



4. Cook the apple in the microwave for 2 minutes.

5. Mix together 1 tablespoon each:
flour
oats
sugar
melted butter



6. Put the mixture on top of the cooked apple.



7. Cook in the microwave for 2 more minutes.

Be careful, it will be hot.
Enjoy!